



*The weary World Rejoices*



**with love**

**Advent 4**  
**Traditional Service**  
**December 22nd, 2024**

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Priest: The Reverend Sharon Smith  
Musician & Choir Director: Hyejung Jun  
Building/Office Administrator: Natasha Stegemann  
Community Engagement Coordinator: Marymil Cabrera  
Facilities Coordinator: Ashkon Vahedi  
Wardens: Vivian McGie, Rhonda Garton

## St. Catherine's Mission, Vision and Values

St. Catherine's Anglican Church, near the heart of Edgemont Village in North Vancouver on the ancestral lands of the Coast Salish peoples, including the Sk̓wx̓wú7mesh (Squamish) and səlililwətaɣ̓ (Tsleil-Waututh) Nations, is a contemporary community of Christian seekers

We welcome you to join us in the journey. We provide a place of spiritual growth through Christ and we respond with gratitude for God's abundance in our lives through service to our brothers and sisters in the world.

Our **Vision** is to:

- Be an inclusive and thriving community of faith for all generations
- Continually invite others to join us in our journey of faith and Christian discipleship
- Honour the strengthening of relationships and development of community, both within our walls and outside them
- Minister to those in need in Christ's name

### Our Values:

St Catherine's is a community that aspires to be:

Welcoming, Inclusive, Curious, Creative,  
Sustainable, Caring and Humble



**Bulletin and Livestream Image:** *love (Visitation, from Art in the Christian Tradition, a project of the Vanderbilt Divinity Library - John Donaghy.)*

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**SAINT CATHERINE'S ANGLICAN CHURCH**

Anglican Church of Canada - Diocese of New  
Westminster Situated on the unceded traditional Coast  
Salish territory of the Skwxwú7mesh (Squamish) and  
səlililwətaɣ̓ (Tsleil-Waututh) First Nations

*Votive candles are available to light during communion. Please consider  
a donation to the candle fund. We ask that you light candles with care  
and extinguish the lighting taper immediately after lighting*

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**GATHERING**

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**PRELUDE**

**WELCOME AND INTENTION: Rev. Sharon Smith**

**ADVENT WREATH LIGHTING: Prayer Circle**

*(With thanks from the Prayer Circle)*

Reader: On the fourth Sunday in Advent, we light the  
candles of Hope, Peace, Joy and the pink  
candle of Love representing the love of God  
manifested in Jesus.

We light this candle of love,  
remembering your abiding love for us,  
and manifested through the person and life of  
Jesus.

Sharing love in this season of anticipation,  
**All: Watching and waiting for your Holy  
Light,**

Reader: We come in faith and say:

**All: Amen! Come, Lord Jesus!**

Presider: In this time and place we gather  
on the ancestral lands of the  
Skwxwú7mesh (Squamish) and  
səlililwətaɣ (Tseil-Waututh) nations.

**All: From many places and peoples  
we come to this house of prayer.**

Presider: In this time and place we await the coming of  
Emmanuel, God with us.

**All: Maranatha, come Christ come.**

Presider: In this time and place,  
we await God's transformation of the world.

**All: Maranatha, come Christ come.**

Presider: In this time and place,  
we await the coming of peace on earth.

**All: Maranatha, come Christ come.**

**GATHERING HYMN:  
JESUS CAME, THE HEAVENS ADORING (97)**

Jesus came, the heav'ns adoring,  
came with peace from realms on high;  
Jesus came for our redemption,  
humbly came on earth to die;  
Alleluia! Alleluia!  
came in deep humility.

Jesus comes again in mercy  
when our hearts are worn with care;  
Jesus comes again in answer  
to an earnest, heartfelt prayer,  
Alleluia! Alleluia!  
comes to save us from despair.

Jesus comes to hearts rejoicing,  
bringing news of sins forgiv'n;  
Jesus comes with words of gladness,  
leading souls redeemed to heav'n.  
Alleluia! Alleluia!  
Hope to all the world is giv'n.

Jesus comes on clouds triumphant  
when the heav'ns shall pass away.  
Jesus comes again in glory;  
let us, then, our homage pay,  
Alleluia! ever singing  
till the dawn of endless day.

**GREETING:**

Presider: The grace of our Lord Jesus Christ,  
and the love of God,  
and the fellowship of the Holy Spirit,  
be with you all.

**People: And also with you.**

Presider: Loving God,

**All: to you all hearts are open,  
all desires known,  
and from you no secrets are hidden.  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit  
that we may perfectly love you  
and worthily magnify your holy Name  
through Christ our Lord. Amen.**

*Silence is kept.*

## Lord Have Mercy (Kyrie Eleison – CP: 703)

Lord Have Mercy

**Lord Have Mercy**

Christ Have Mercy

**Christ Have Mercy**

Lord Have Mercy

**Lord Have Mercy**

### PRAYER OF THE DAY (Collect):

Presider: God made known in the friendship of women,

**All: The word of greeting And unseen life  
enwombed: Give us the courage Of the  
teenage mother Who brings in the world  
A song of joyful revolt And a God who  
needs her love. Amen.**

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### PROCLAMATION OF THE WORD

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#### FIRST READING: MICAH 5:2-5a

*The prophet Micah, having pronounced judgment upon Judah, speaks of a future shepherd-king who, like David, will come from the small town of Bethlehem. (Ephrathah refers to the area around Bethlehem.) This king will restore Israel and bring peace. New Testament writers understood this passage to be referring to Jesus.*

But you, O Bethlehem of Ephrathah, who are one of the little clans of Judah, from you shall come forth for me one who is to rule in Israel, whose origin is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labor has brought forth; then the rest of his kindred shall return to the people of Israel. And he shall stand and feed his flock in the strength of the Lord, in the majesty of the name of the Lord his God.

And they shall live secure, for now he shall be great  
to the ends of the earth; and he shall be the one of peace.

Reader: Let us hear what the Spirit is saying.

**All: Thanks be to God.**

**CANTICLE: LUKE 1:46b-55** (*Sung*)

**TELL OUT MY SOUL (362)**

**Tell out, my soul, the greatness of the Lord!**  
Unnumbered blessings give my spirit voice;  
tender to me the promise of His Word;  
in God my Savior shall my heart rejoice.

**Tell out, my soul, the greatness of His name!**  
Make known His might, the deeds  
His arm has done;  
His mercy sure, from age to age the same;  
His holy Name, the Lord, the mighty One.

**Tell out, my soul, the greatness of His might!**  
Powers and dominions lay their glory by;  
proud hearts and stubborn wills are put to flight;  
the hungry fed, the humble lifted high.

**Tell out, my soul, the glories of His Word!**  
Firm is His promise, and His mercy sure.  
Tell out my soul, the greatness of the Lord  
to children's children and forevermore!

**SECOND READING: THE VISITATION**

by STEVEN SHAKESPEARE

All joy is gift, a call from deep to deep;  
It takes the road and does not hide its face.  
So, Mary ran alone her joy to reap,  
her heart a wild and open sky of grace.  
What promises drew her on, what shadow sight?  
What word of blessing calling to be born?

Two women met in ordinary light,  
through touch and smile they hailed the coming dawn.  
As empires built their hills of skull and bone,  
Elizabeth felt hope leap within,  
she hailed a hidden king, a humbler throne,  
a new creation yearning to begin.  
And Mary sings a world turned upside down,  
a day when One who serves will wear the crown.

Reader: Let us hear what the Spirit is saying.

**All: Thanks be to God.**

### **GOSPEL HYMN: HEAVENLY MESSAGE (269)**

Heavenly message, brought by an angel,  
coming to lift the hopes of the earth;  
bringing to Mary humble and lowly,  
God's invitation to give the Christ birth.

*Refrain:*

Mary we hail you, full of God's favour,  
blessed are you, and blessed your son;  
he will be called the child of the highest,  
Saviour of all, the holy one.

**Mary** replied to Gabriel's message,  
"I am the servant, maid of the Lord.  
Let it be done just as you have spoken,  
My soul rejoices in God's saving word." *Refrain*

### **GOSPEL READING: LUKE 1:39**

*Elizabeth, John's mother, and Mary, the mother of Jesus, are two women filled with the Holy Spirit and with faith. In Elizabeth's inspired greeting and Mary's song of praise we hear of a saving God who remembers, scatters, lifts up, and fulfills all things.*



Presider: The Lord be with you.

**People: And also with you.**

Presider: The Holy Gospel of our Lord Jesus Christ according to Luke.

**People: Glory to you, Lord Jesus Christ.**

In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. When Elizabeth heard Mary's greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit and exclaimed with a loud cry, "Blessed are you among women, and blessed is the fruit of your womb. And why has this happened to me, that the mother of my Lord comes to me? For as soon as I heard the sound of your greeting, the child in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord."

And Mary said,

"My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant.

Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name. His mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts.

He has brought down the powerful from their thrones, and lifted up the lowly; he has filled the hungry with good things, and sent the rich away empty. He has helped his servant Israel, in remembrance of his mercy, according to the promise he made to our ancestors, To Abraham and to his descendants forever."

Presider: The Gospel of Christ.

**People: Praise to you, Lord Jesus Christ.**

## **GOSPEL HYMN CONT...**

In the beginning, when God has spoken,  
through God's own Word all things came to be;  
now by that Word, embodied through Mary,  
God's glory blazes, that our eyes may see.

*Refrain:*

Mary we hail you, full of God's favour,  
blessed are you, and blessed your son;  
he will be called the child of the highest,  
Saviour of all, the holy one.

## **HOMILY – Rev. Sharon Smith**

*Reflective silence follows.*

## **AFFIRMATION OF FAITH**

Presider: Do you believe in God?

**All: We believe in God,  
creator of heaven and earth.**

Presider: Do you believe in Jesus?

**All: We believe in Jesus the Christ,  
redeemer of humanity.**

Presider: Do you believe in the Holy Spirit?

**All: We believe in the Holy Spirit,  
sustainer of life.**

Presider: Let us keep silent and remember the One who  
came when words were not enough.

*Silence in held.*

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## PRAYER

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### PRAYERS

#### CONFESSION:

Presider: Dear friends in Christ,  
God is steadfast in love and infinite in mercy;  
God welcomes all  
and invites us to this table.  
Let us confess our sins,  
confident in God's forgiveness.

Presider: Most merciful God,  
**All: we confess that we have sinned against  
you in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you  
with our whole heart;  
we have not loved our neighbours as  
ourselves. We are truly sorry  
and we humbly repent.**

**All: For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name.  
Amen.**

Presider: Loving God have mercy upon us,  
pardon and deliver us from all our sins,  
confirm and strengthen us in all goodness,  
and keep us in eternal life,  
through Jesus Christ our Lord.

**All: Amen.**

## THE PASSING OF THE PEACE

Presider: The peace of Christ be always with you.

**People: And also with you.**

*The community, standing at our seats, greet one another saying or gesturing: 'Peace be with you'.*

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## COMMUNION

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### PREPARING THE TABLE:

#### LO, HOW A ROSE E'ER BLOOMING (117)

Lo, how a Rose e'er blooming  
from tender stem hath sprung!  
Of Jesse's lineage coming  
as men of old have sung.  
It came, a flow'ret bright,  
Amid the cold of winter  
When half spent was the night.

Isaiah 'twas foretold it  
The rose I have in mind,  
with Mary we behold it,  
the Virgin Mother kind.  
To show God's love aright,  
She bore to men a Saviour,  
When half spent was the night.

O flow'r, whose fragrance tender  
with sweetness fills the air,  
dispel in glorious splendour  
the darkness ev'ry where.  
True man, yet very God,  
from sin and death now save us,  
And share our ev're load.

## PRAYER OVER THE GIFTS

Presider: God of hope,  
**People: renew in us the joy of your salvation and make our lives a living sacrifice to you, for the sake of Jesus Christ our Lord. Amen.**

## THE EUCHARISTIC PRAYER *(ELCIC III for Advent)*

Presider: May God be with you.  
**People: And also with you.**  
Presider: Lift up your hearts.  
**People: We lift them to God.**  
Presider: Let us give thanks to the Lord our God.  
**People: It is right to give our thanks and praise.**

Presider: Blessed are you gracious God,  
Creator of heaven and earth;  
Source of light and life.  
In the fullness of time  
you come among us enfleshed.  
And so, together with all the choirs of angels,  
your peoples on earth and in heaven, we  
praise your name and join the unending hymn:

## SANCTUS (719)

**Holy, holy holy, Lord. God of power and might,  
heaven and earth are full, of your glory.  
Hosanna! in the highest!**

**Blessed, is the one who comes,  
in the name of the Lord.  
Hosanna in the highest!  
Hosanna in the highest!**

Presider: Holy One, the beginning and the end,  
the giver of life  
Blessed are you  
for the birth of creation,  
Blessed are you  
in the darkness and in the light.  
Blessed are you  
for your promises to your people,  
Blessed are you  
in the prophets hopes and dreams  
Blessed are you  
for Mary's openness to your will  
Blessed are you  
for Jesus, the Word made flesh.

In the night in which he was betrayed,  
Jesus, in a room with his friends, took bread,  
and gave thanks; broke it, and shared it  
saying take and eat;  
this is my body, given for you.  
Do this for the remembrance of me.

Again, after supper,  
he took the cup, gave thanks,  
and gave it for all to drink,  
saying; This cup  
is the new covenant in my blood  
shed for you and for all people  
for the forgiveness of sin,  
Do this for the remembrance of me.

Presider: Let us proclaim the mystery of faith:

**All: Christ has died  
Christ is risen,  
Christ will come again.**

Presider: With this bread and cup  
we remember your Word  
dwelling among us,  
full of grace and truth.  
We remember our new birth  
And we look with hope for Christ's coming.

**All: Come, Lord Jesus  
Holy God,  
we long for your Spirit,  
come among us,  
bless this meal,  
may your Word take flesh in us.  
Awaken your people.  
Fill us with your light.  
Bring the gift of peace on earth.  
Come, Holy Spirit.**

Presider: All praise and glory are yours,  
Holy One of Israel,  
Word of God incarnate,  
and Holy Spirit,  
one God, now and forever,

**All: Amen.**

**LORD'S PRAYER** *(Said):*

**Our Father in heaven,  
hallowed be your name.  
Your kingdom come, your will be done  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil,  
For the kingdom, the power and the glory  
are yours, now and forever. Amen.**

## **Fraction (Breaking of Bread):**

Presider: God of promise,  
you prepare a banquet for us at your table.

**People: Happy are those who are called to the  
eternal supper of the Lamb.**

## **INVITATION TO THE TABLE:**

Presider: The gifts of God for the people of God.

**People: Thanks be to God.**

## **OFFERTORY**

*To make a donation to the ministry of St. Catherine's, please use an envelope provided. For Donations of \$20 or more, tax receipts will be issued if name and address are included; OR use this QR code with your device to donate through Canada Helps, tax receipts are sent by email.*



*At this time, we invite you to place your gifts in the plates at the back and front of the church nave for a blessing. For those who give using the Pre-Authorized-Debit-System (PADS), or Canada Helps there are tokens available for you to place in the plate, as a sign of your generosity.*

## **COMMUNION:**

*All people are welcome to receive Communion of one kind (wafers or fresh bread) at the base of the stairs, or Communion of one or both kinds at the Altar. We receive wine from a common cup. Gluten free wafer are available upon request.*

*Please sanitize your hands before receiving.*

*While the communion is being administered, we respectfully ask that you keep the silence.*



*Candle lighting during this time is welcomed.*

## **COMMUNION MUSIC:**

### **COME AND FILL OUR HEARTS (402)**

Come and fill our hearts with your peace.

You alone, O Lord are holy,

Come and fill our hearts with your peace, allelulia!

### **DONA NOBIS PACEM (562)**

Dona nobis pacem. (*Repeat*)

## **PRAYER AFTER COMMUNION**

Presider: God for whom we wait,

**All: in this meal you give us a foretaste  
of that day when the hungry  
will be fed with good things.  
Help us to live in the tension  
between what has been done  
and what will be done;  
into the surprise of Christ who comes  
again and again and again into our midst.  
Amen.**

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## **SENDING**

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## **COMMUNITY ANNOUNCEMENTS - Wardens**

### **BLESSING – Rev. Sharon**

**CLOSING HYMN:  
PUT PEACE INTO EACH OTHERS HANDS (MV: 173)**

**Put** peace into each other's hands  
And like a treasure hold it;  
Protect it like a candle flame,  
With tenderness enfold it.

**Put** peace into each other's hands  
With loving expectation;  
Be gentle in your words and ways,  
In touch with God's creation.

**Put** peace into each other's hands,  
Like bread we break for sharing;  
Look people warmly in the eye:  
Our life is meant for caring.

**As** at communion, shape your hands  
into a waiting cradle;  
the gift of Christ receive, revere,  
united round the table.

**Put** Christ into each other's hands  
he is love's deepest measure;  
in love make peace, give peace a chance,  
and share it like a treasure.

**DISMISSAL**

**Presider:** Go forth, open to the dawning Light of Christ.  
**People:** **Thanks be to God.**



***Join us after the service for:***

*Coffee and Conversation at the back of the church*

**Thank you for ministering this morning:**

**Presider and Preacher:** Rev Sharon Smith

**Music:** Hyejung Jun and Choir

**Altar Guild:** Susana Wensley

**Greeters:** Peter Adam and Bob Paxton

**Readers:** Penny Zuk and Ethan Spence

**Advent Reader:** Shaunti Bains

**Intercessor:** Lynn Spence

**Coffee Team:** Penny Zuk, Elizabeth Barratt, Lynn Spence

**Eucharistic Administrator:** Vivian McGie, Bonnie Grundy,  
Lynn Spence

**Livestream:** Ashkon Vahedi

**Sunday School Teacher:** Shaunti Bains

## **Advent, Christmas & Epiphany at Saint Catherine's Save The Dates**

### **December 24th, Tuesday**

**3pm** Christmas Eve Pantomime for Young Children

**5pm** Christmas Eve Family Traditional Service

Both services will be held at Saint Catherine's Anglican Church

### **December 25th, Wednesday, 10am - 11am**

Christmas Day Service

at Saint Clement's Anglican Church, 3400 Institute Rd, North  
Vancouver, BC V7K 2K9

### **December 29th, Sunday, 10 am**

Second Sunday in Christmas: Lessons and Carols  
at Saint Catherine's Anglican Church

### **January 4th, Saturday, 9:30 am to 5pm**

An Epiphany Centering Prayer Retreat  
at Saint Catherine's Anglican Church

### **January 5th, Sunday, 10 am**

*Epiphany Sunday:* A Contemporary Morning Prayer Service  
at Saint Catherine's Anglican Church



**SAINT CATHERINE'S ANGLICAN CHURCH**

1058 Ridgewood Dr, North Vancouver, BC, V7R 1H8

T 604.985.0666

| [saint-catherines.org](http://saint-catherines.org)